| Pos. | Mixed Damen<br>Name, Vorname | Verein | HRL<br>01/20 | DRL<br>02/20 | DRL<br>03/20 | DRL<br>02/21 | DRL<br>03/21 | HRL<br>04/21 | DRL<br>04/21 | HEM<br>2021 | HRL<br>01/22 | NDEM<br>2022 | HRL<br>02/22 | DEM<br>2022 | HRL<br>03/22 | Punkte | Aufstieg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | Wittenburg, Antonia | Oststeinbeker SV | 59 | | | | | 56 | | 100 | 72 | | | | 66 | **238** | |
| 2 | Dreßler, Anne-Kristin | SV Bergstedt | 72 | | | | | | | | 80 | | 72 | | | **224** | |
| 3 | Meyer, Annika Kristina | TSV Trittau | | | | | | 66 | | 60 | | 80 | | | | **206** | |
| 4 | Sander, Marie | VfL Lohbrügge | | | | | | | | 80 | 59 | | | | 62 | **201** | |
| 5 | Trieu, Priscilla | SSW Hamburg | 50 | | | | | 53 | | 80 | 38 | | 40 | | | **183** | |
| 6 | Niebergall, Marie | Wedeler TSV | | | | | | | | 100 | | | | | 80 | **180** | |
| 7 | Faradilla, Isra | TSV Trittau | | | 160 | | | | | | | | | | | **160** | |
| 7 | Horbach, Annika | TSV Trittau | | | | | | | | | | | | 160 | | **160** | |
| 7 | Junge, Inken | Oststeinbeker SV | | | | | | 80 | | 80 | | | | | | **160** | |
| 10 | Jakobeit, Nina | TSG Bergedorf | 53 | | | | | | | | 46 | | 56 | | | **155** | |
| 11 | Woidich, Lisa | TSV Trittau | 80 | | | | | | | | | | 59 | | | **139** | |
| 12 | Faineant, Anne-Louise | Bahrenfelder TV 98 | | | | | | | | | | | 62 | | 72 | **134** | |
| 13 | Schrader, Wencke | SSW Hamburg | | | | | | 59 | | | 66 | | | | | **125** | |
| 14 | Salaria, Miya-Melayn | TSG Bergedorf | | | | | | | | 60 | 62 | | | | | **122** | |
| 15 | Lehmann, Amelie | TSV Trittau | | | | | | | | | | | | | 120 | **120** | |
| 15 | Reincke, Nora | SSW Hamburg | | | | | | | | 120 | | | | | | **120** | |
| 17 | Mashkinova, Viktoria | TSG Bergedorf | | | | | | | | | | | 66 | | 46 | **112** | |
| 18 | Rejzek, Jessica | Hamburger SV | | | | | | 62 | | | | | | | 42 | **104** | |
| 19 | Salaria, Carolyn | TSG Bergedorf | | | | | | | | | 53 | | | | 50 | **103** | |
| 20 | Duda, Maren | TSG Bergedorf | 48 | | | | | | | | | | 53 | | | **101** | |
| 21 | Berge, Hannah | SSW Hamburg | | | | | 100 | | | | | | | | | **100** | |
| 21 | Kohl, Liza | Harburger SC | | | | | | 50 | | | | | 50 | | | **100** | |
| 21 | Krawiec, Weronika | Horner TV | | | | | 100 | | | | | | | | | **100** | |
| 24 | Holert, Jeannine | VfL Lohbrügge | | | | | | | | 60 | 36 | | | | | **96** | |
| 25 | Anders, Stefanie | SSW Hamburg | 38 | | | | | 46 | | | | | | | | **84** | |
| 26 | Töllner, Kirstin | SSW Hamburg | | | | | | | | 80 | | | | | | **80** | |
| 26 | Villa Bokov, Elena | Horner TV | | | | | | | | | | | 80 | | | **80** | |
| 28 | Grohn, Nele | SV Eidelstedt | | | | | | | | | | | 34 | | 44 | **78** | |
| 29 | Hockemeyer, Katrin | SSW Hamburg | | | | | | 72 | | | | | | | | **72** | |
| 30 | Conradi, Claudia | VfL 93 Hamburg | 66 | | | | | | | | | | | | | **66** | |
| 31 | Brauer, Sandra | Oststeinbeker SV | | | | | | | | | 56 | | | | | **56** | |
| 31 | Kemper, Isabel | VfL 93 Hamburg | 56 | | | | | | | | | | | | | **56** | |
| 33 | Rejzek, Amelie | Hamburger SV | | | | | | | | | | | | | 53 | **53** | |
| 34 | Vater, Nele | SSW Hamburg | | | | | | | | | 50 | | | | | **50** | |
| 35 | Giercke, Alexandra | Oststeinbeker SV | | | | | | | | | 48 | | | | | **48** | |
| 35 | Johnson, Judith | SV Eidelstedt | | | | | | | | | | | | | 48 | **48** | |
| 35 | Viaccava, Jasmin Isabelle | VfL Lohbrügge | | | | | | 48 | | | | | | | | **48** | |
| 38 | Batoor, Zahra | Hamburger SV | | | | | | 44 | | | | | | | | **44** | |
| 38 | Bieler, Nicola | Oststeinbeker SV | | | | | | | | | 44 | | | | | **44** | |
| 38 | Sprötge, Luise | VfL 93 Hamburg | 44 | | | | | | | | | | | | | **44** | |
| 41 | Kleinschmidt, Miriam | VfL 93 Hamburg | 42 | | | | | | | | | | | | | **42** | |
| 41 | Lüdemann, Janina | SV Rugenbergen | | | | | | 42 | | | | | | | | **42** | |
| 41 | Ruffer, Kristin | VfL 93 Hamburg | | | | | | | | | 42 | | | | | **42** | |
| 44 | Gonschorek, Kea | Farmsener TV | | | | | | 40 | | | | | | | | **40** | |
| 44 | Hofmann, Nina Michelle | VfL 93 Hamburg | | | | | | | | | 40 | | | | | **40** | |
| 46 | Li, Jiangshan | TSG Bergedorf | | | | | | | | | | | 38 | | | **38** | |
| 47 | Paterok, Michaela | Oststeinbeker SV | 36 | | | | | | | | | | | | | **36** | |
| 47 | Wardhani, Relaxia Mayliana Me | Farmsener TV | | | | | | | | | | | 36 | | | **36** | |
| 49 | Khilchenko, Lisa | BC 68 Hamburg | | | | | | | | | | | 32 | | | **32** | |
| 49 | Romanova, Roza | TSG Bergedorf | 32 | | | | | | | | | | | | | **32** | |